

EMPATHY GAME



Kids will have a blast trying to figure out each other's emotions during this fun improv activity that gets everyone up and moving (and empathizing!). Scrap paper and a pencil are all that's needed to play this interactive game.

Number of Players: Any Number

Materials: Slips of paper with different emotions written on them

Directions: A grown-up writes down different emotions on slips of paper and places them in a hat. One player at a time picks a paper out of the hat and silently acts out the emotion. The other players guess which emotion was on the paper. Kids can all shout out their guesses or raise their hands to guess.

The emotions can start out simply: Happy, Surprised, Angry, Sad, etc. However, the game is more fun (and vocabularies grow) when more nuanced words are introduced.

Try:

Jealousy, Exasperated, Grumpy, Aggravated, Frustrated, Dislike, Disgust, Embarrassed, Horrified, Panic, Shock, Delight, Glee, Annoyed, Cranky, Relief, Pride, Adoration, Love, Disappointed, Gloomy, Astonished

